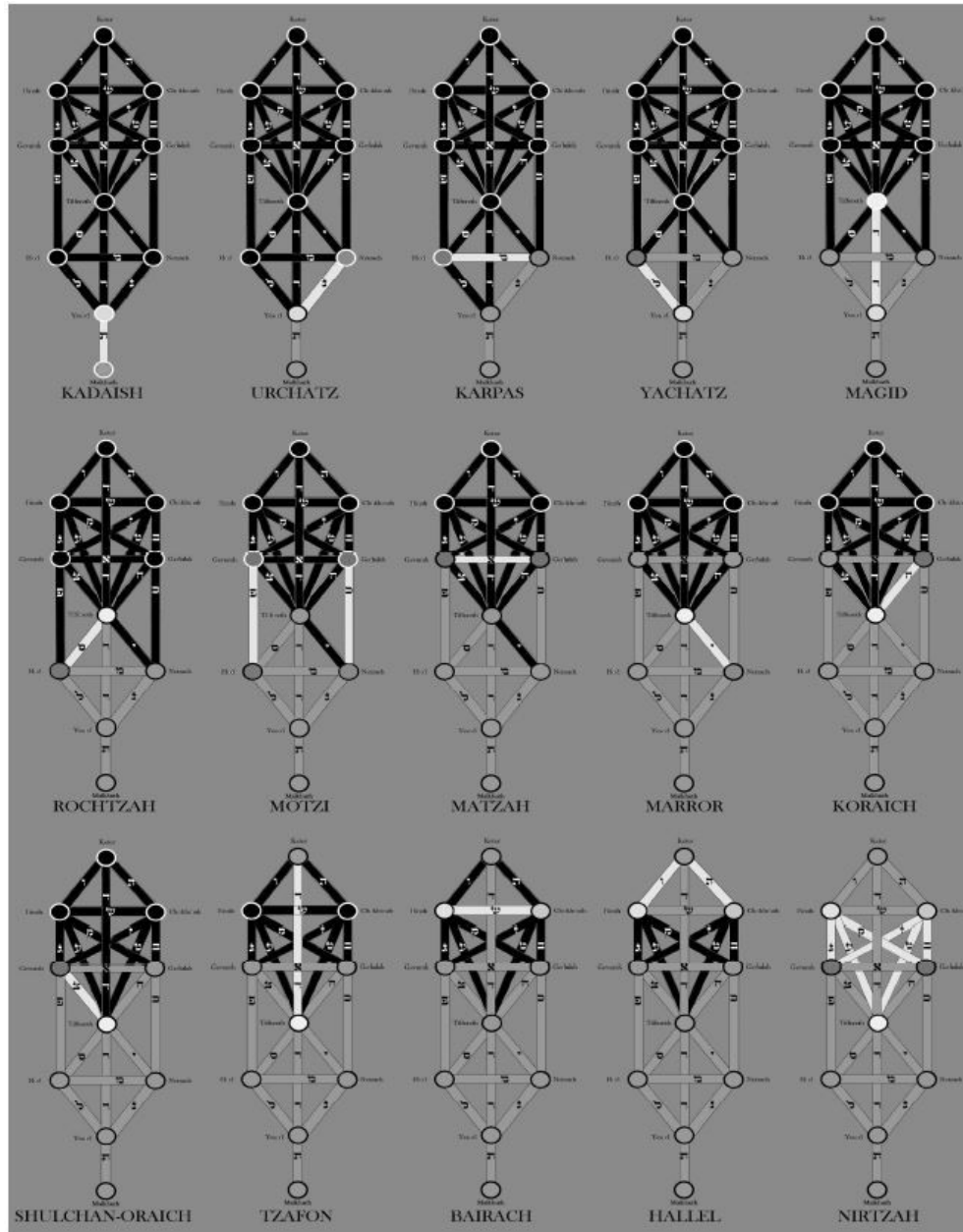


Kabbalah of Pesach Haggadah



Heart-Fire Healing

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Listening for the Sacred שומע ברוח

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Kabbalah of Pesach Seder

based in and expanded from teachings of Rabbi J Hershy Worch, Open Yeshiva
The Kabbalist Haggadah

32 Paths of Consciousness & Genesis assignments from Pardes Rimonim
Letter qualities from Sefer Yetzirah (planets according to R David Ingber)

compiled and adapted, 2013 / 5773 by Rachmiel Langer
latest revision: March 28, 2023

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Kabbalah of Pesach Seder

Path of Da'at – דעת

Enslavement/exile of knowing – da'at – forgetting that we know that we know ... and forgetting that we forgot

sin of Tree of Knowledge – confusion of good and bad (Gen 3:6, Eve sees the Tree is good for eating, but also covets vision & knowing)

(imbalance toward Binah – thinking that everything is either/or and that we can (or even must) know & judge)

male & female meet in da'at

past/future, above/below, out/inside, soul/body, wisdom/knowledge meet in da'at

(distancing from God; hiding – splitting Adam from Eve; exile from garden; Cain & Abel; Noah & flood; Tower of Babel)

opportunity for rectification through the covenant – correct eating – through embracing the Tree of Life – receiving revelation

God to Abraham: וַיֹּאמֶר לְאַבְרָם יְדַע תֵּדַע כִּי-גֵר יִהְיֶה זְרַעְךָ בְּאֶרֶץ לֹא לָהֶם וַעֲבָדוּם וְעָנִי אֹתָם אַרְבַּע מֵאוֹת שָׁנָה:

*And (He) said to Avram: **Knowing you will know** that your offspring will be a sojourner/stranger in a land not for them and will serve them and they will afflict them four hundred years. (Gen 15:13)*

... in exile we forget and we do not know that we do not know (and we forget that at core, we do still know – but we forget we forgot)

Joseph – his brothers did not know him -

וַיֹּאמֶר לָהֶם יוֹסֵף ... הֲלוֹא יָדַעְתֶּם כִּי-נִחַשׁ יִנְחַשׁ אִישׁ אֲשֶׁר כְּמוֹנִי:

And Joseph said to them ... Do you not know that divining he will divine [doubting he will doubt] a man such as I (Gen 44:15)

- (Potiphar's wife) – Joseph's knowing (sexuality) was tested
- in prison, interpreting dreams, he is seen as a knowing man
- Pharaoh recognizes Joseph's knowing – “God has caused you to know (with chochma and binah)” (Gen 41:39)
- new Pharaoh 'who did not know Joseph' (Ex 1:8)
- the people cry out, God hears the cry “for I have known its sorrows” (Ex 3:7)
- Pharaoh: Who is God that I should obey. I have not known YHVH and I will not set free Israel. (Ex 5:2)
- God tells Moses: to your ancestors, My name YHVH I did not make known to them (Ex 6:3)
- I will take you to Me for a people ... and you will know that I am YHVH your God (Ex 6:7)
- Moses: We will not know how we are to serve YHVH until our coming there. (Ex 10:26)
- You will know that YHVH has brought you forth from the land of Narrowness (Ex 16:6)

Zohar 2:25b – in Mitzraim the power of speech itself was in exile

Pharaoh – *Peh Ra*, “negative mouth;” Pesach – *Peh Sach*, “mouth that speaks” (positive) סח ‘saying’ from root סיה to talk, to say)

Exodus is the process of awakening to discernment

Sinai – coming to know God (Revelation of the Divine – *giluy Shechinah*) – remembering that we know that we know

leaving *Peh-Ra* (bad speech) into wilderness: *midbar* – *midibur*, [away] from speaking, to hear *m'dabeir* [God] speaking

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The path of regaining knowing (*da'at*) from enslavement – to knowing truth (*emet*) again – is tracked through trust/faith/support (*emunah*)
Biblical knowing (*da'at*) is not intellectual ideation but, deep experience of the sacred aspect of life.

Truth אמת (*emet*) derives from faith אמונה (*emunah*) [through אמנת], which is fundamentally **affirming-in-action-of-faith**.

When called to action, Moses is concerned that the Israelites: **will not believe/trust/affirm me, nor heed me; for they will say, YHVH has not been seen by you.** (Ex 4:1)

The signs at the burning bush (staff/snake, white hand) are done:

In order that they will believe that YHVH, God ... has been seen by you. (4:5)

And it will be, if they will not believe you, nor listen to the voice of the first sign, that they would believe the voice of the latter sign. (4:8)

And the plagues will be needed due to a lack of *emunah*:

And it will be, if they will not believe even these two signs, nor listen to your voice, then you will take from the waters of the river, and pour it upon the dry land; and the water that you take from the river will become blood upon the dry land. (4:9)

After Moses & Aaron speak to elders & show the signs:

The people believed; and they heard that YHVH had taken-account of the children of Israel. and that He had seen their affliction, and they bowed and worshipped. (4:31)

After increased burdens, the trust is strained and the people do not listen:

Moses spoke thus to the children of Israel; but they did not listen to Moses from shortness of spirit and from severe servitude. (6:9)

After the parting of the sea:

And Israel saw the great hand that YHVH acted upon Narrowness; and the people awed YHVH, and believed in YHVH, and his servant Moses. (14:31)

The belief is 'sealed' at Sinai:

And YHVH said to Moses, Behold, I come to you in a thick cloud, on account that the people will hear in My speaking with you, and also with (by means of) you they will uphold-faith forever. And Moses told the words of the people to YHVH. (19:9)

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Sefirot of Seder Plate

middle matzah – Levi <i>binah (knowledge)</i> [afikomen: <i>break ideas into pieces for understanding</i>]		top matzah – Cohen <i>chochma (wisdom)</i> [eat: <i>ingest faith & higher wisdom</i>]
	bottom matzah – Israel <i>da'at (understanding)</i> [Hillel sandwich: <i>balance matzah/intellect & maror/emotion</i>]	
<i>beitzah</i> – roasted egg <i>gevurah (discernment)</i> hard-boiled / discipline, tempering transmission of love <i>May the judgments be constructive</i>		zeroa – shankbone <i>chesed (lovingkindness)</i> reaching out with love <i>May all our power be wrapped in kindness</i>
	maror – bitter herbs <i>tiferet (balance)</i> elicits empathy; bitterness of free perspective back on enslavement <i>May there be sweetness in the bitterness</i>	
karpas – parsley/celery; [orange*] <i>hod (empathy)</i> grows low – humility; yielding – balance <i>May they be the right words at the right time</i>		charoset; [olive*] <i>netzach (perseverance)</i> enduring mortar; also enduring in faith <i>May the blessings flow through us</i>
	chazeret – romaine <i>yesod (creativity)</i> in sandwich – bonding love & bitter; rise above bitterness to transcendent <i>May the right time be now</i>	
	seder plate <i>malchut – sovereignty, Shechinah</i> selflessness – container / reflection of Divine	

[* orange could also be placed with Miriam's cup and olive with Elijah's cup]

These qualities are refracted and developed through the 15 stages of the seder

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Sefirot of Seder

Mochin d'Katnut - small mind - (physical)						
קַדֵּיִשׁ Kadeish	ת	D	400	Malchut - Yesod	Recite the kiddush	Opening to sacred space (1 st cup ם Atzilut - sanctification)
וּרְחַץ Urchatz	נ	E	50	Yesod - Netzach	Wash the hands	Clear the grime
כַּרְפָּס Karpas	מ	M	40	Netzach - Hod	Eat a green vegetable	Open senses to growing green
יַחַץ Yachatz	ל	E	30	Hod - Yesod	Break the middle matzah	Separate dessert from need
מַגִּיד Maggid	ר	D	200	Yesod - Tiferet	Tell the Pesach story	Tell a tale of spiritual development (2 nd cup ה Beriyah – speak the story)
Giluy Shechinah - divine revelation - (emotional)						
רַחֲצָה Rachtzah	ט	E	60	Tiferet - Hod	Wash the hands	Raise up the energy in your hands
מוֹצֵיא Motzi	נ	D	20	Chesed - Netzach	Say a blessing for food	Call forth what nourishes you
	ט	D	80	Gevurah - Hod		
מַצָּה Matzah	א	M	1	Chesed - Gevurah	Bless and eat matzah	Increase faith/prepare to heal
מָרֹר Maror	י	E	10	Tiferet - Netzach	Eat the bitter herb	Allow the bitter to move you
כוֹרֵךְ Korech	ה	E	8	Tiferet - Chesed	Eat bitter herb with matzah	See the sandwich of both sides
שְׁלַחַן עֹרֵךְ Shulchan Orech	צ	E	90	Tiferet - Gevurah	Serve the festive meal	Feast and enjoy
צַפּוֹן Tzafun	ך	D	4	Tiferet - Keter	Reclaim & eat the Afikoman	Nourish the self with mystery
Mochin d'Gadlut - big mind - (spiritual)						
בָּרַךְ Barech	ש	M	300	Chochmah - Binah	Say the grace after meals	Bless all nourishings in your life
הַלֵּל Hallel	ה	E	5	Keter - Chochmah	Recite the Hallel	Sing sacred celebration (3 rd cup ן Yetzirah – emotional celebration)
	ו	E	6	Keter - Binah		
נִרְצָה Nirtzah	נ	D	2	Chochmah - Chesed	Conclude the seder	Yearning with hope toward the future (4 th cup ה Assiyah – what action have/will you take)
	ט	E	9	Chochmah - Tiferet		
	ז	E	7	Chochmah - Gevurah		
	ה	D	3	Binah - Gevurah		
	א	E	70	Binah - Tiferet		
	ה	E	100	Binah - Chesed		

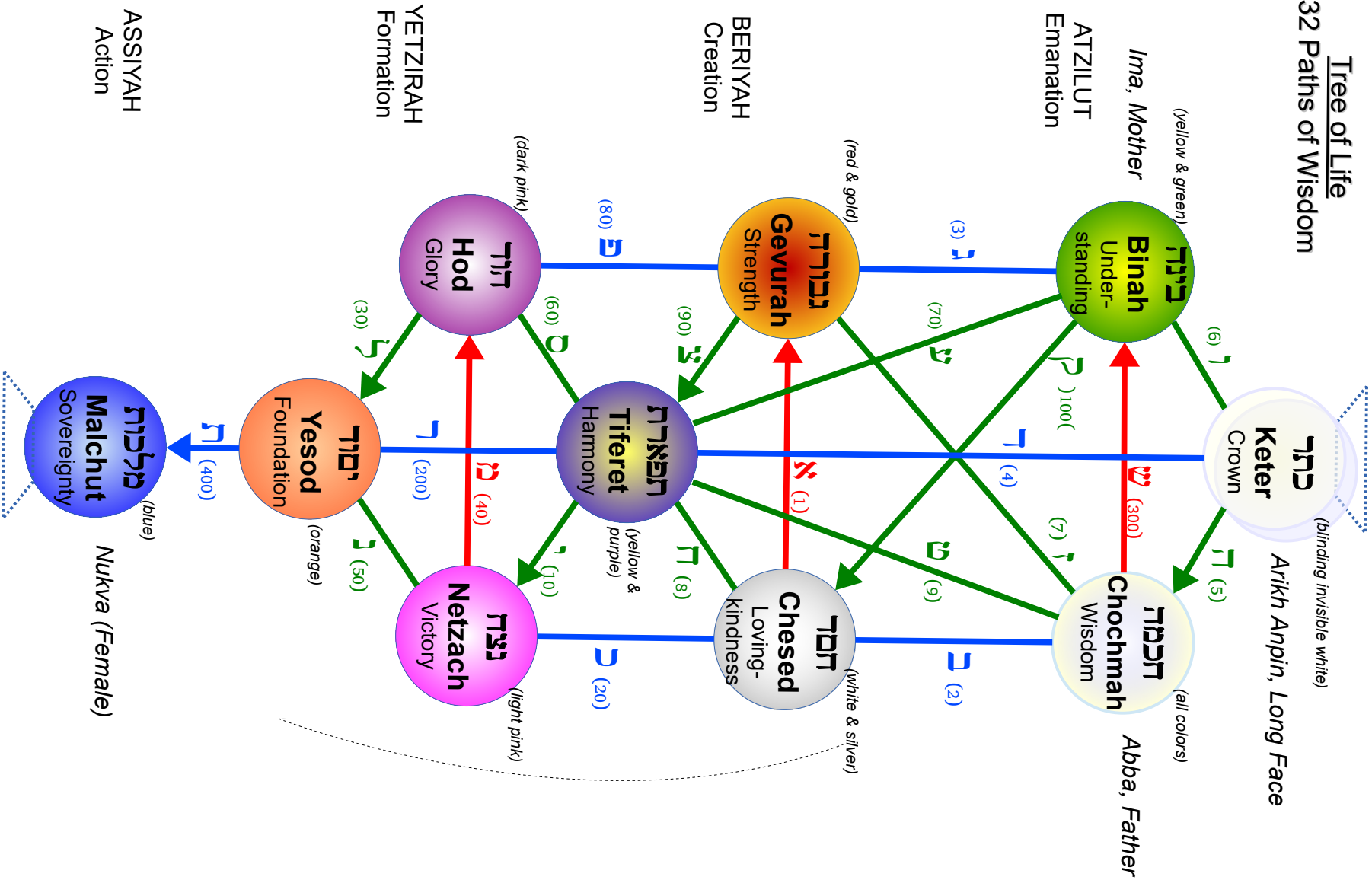
Mother / Double / Elemental letters
 Mother letters – integrating polarities
 Doubles – running/return; intention/manifestation
 Elementals – focus direction; synthetic process

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Tree of Life 32 Paths of Wisdom



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<p>חֵמֵץ</p>	<p><i>Chameitz</i> <i>Chet</i> closed - entrap & ferments, no opening for flow</p>
<p>מִצְוָה - מִצְוָה</p>	<p><i>Matzah</i> <i>Hei</i> open - simple essentials, humility, receiving Divine light, flow <i>Mitzvah</i> Insertion of <i>vav</i> – <i>Tiferet</i> – balance, harmony or <i>haShamayim</i> – heaven <i>Tiferet</i> brings focus of <i>Chesed</i> – <i>Yesod</i> (6) acting from foundation of simple essentials action toward rectifying exile of <i>Shechinah</i></p>
<p>צִמָּח</p>	<p><i>Tzemach</i> <i>Chameitz</i> reversed → “sprouting”, “growth”, life</p>

פֶּסַח מַצָּה וּמָרוֹר

Pesach Matzah and Maror

וְאָכְלוּ אֶת-הַבָּשָׂר בַּלַּיְלָה הַזֶּה
צִלִּי-אֵשׁ וּמִצּוֹת עַל-מָרוֹרִים יֹאכְלֶהוּ:

And they will eat the meat in this night,
roasted of fire, and *matzot*; upon bitterness they will eat it,

– Exodus 12:8

וְכָכָה תֹאכְלוּ אֹתוֹ מִתְּנִיכֶם חֲגָרִים
נְעִלֵיכֶם בְּרַגְלֵיכֶם וּמִקְלָכֶם בְּיָדְכֶם
וְאָכַלְתֶּם אֹתוֹ בְּחִפְזוֹן
פֶּסַח הוּא לֵה:

And thus you-all will eat it: with your loins girded,
your sandals on your feet, and your staff in your hand;
and you will eat it in trepidation/hasty-flight;

it is a *Pesach* (a springing-up/hopping-over) for *I-Is/Was/Will-Be*

– Exodus 12:11

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Sefirot of Seder

מוֹחִין דְּקַטְנוּת <i>Mochin d'Katnut - small mind – (physical)</i>						
1	קֵדֶשׁ <i>Kadesh *</i>	ת	D	400	<i>Malchut - Yesod</i>	Recite the <i>kiddush</i> <i>Opening to sacred space</i>
	<i>* l'sheim yichud - unification</i>		Shabbat, Moon, mouth, grace, center			
	Worshiped Consciousness		שֵׁכֶל נְעָבָד		Gen 1:31 God <i>saw</i> all that <i>Hu</i> had done	
	<i>(Malchut)</i> Continuous Consciousness		שֵׁכֶל תְּמִידִי		Gen 1:29 God <i>said</i> , behold, plants ... will be for eating	
<p><i>(L'Sheim Yichud – unification)</i></p> <p>ת Tav: Beyond the constraints of ego Sanctification – link levels of consciousness; opening self to higher spirituality → holy unity realization of <i>malchut</i> as the <i>keter</i> of the world below (divine manifestation in 'container' of physical world)</p> <p>R Nachman: wine will fuel our yearnings and it will dissolve the inhibitions which keep us from expressing them. wine through the grape holds energies: sunlight, wind, rain, earth meniscus – look at light reflected off the edges of the crown – the spiritual 'contained' beyond boundaries of physical world</p> <p>1st cup – ׀ – Atzilut / Nearness – sanctification</p> <p><i>To receive the gift of Shechinah we must first internalize the lesson of the Kiddush. We are created in the image and likeness of God; even as we strive to embrace that, we are just the way we are meant to be.</i></p> <p style="text-align: right;">ת - Path 32*, called Worshiped Consciousness (<i>Sekhel Ne'evad</i>).</p> <p style="text-align: center;">It is called this because it is prepared so as to destroy all who engage in the worship of the seven planets.</p> <p style="text-align: center;"><i>Malchut</i> - Path 31*, called Continuous Consciousness (<i>Sekhel Tamidi</i>). Why is it called this? Because it directs the path of the sun and moon according to their laws of nature, each one in its proper orbit.</p> <p style="text-align: right;">*These paths are often assigned in reverse order</p>						

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2	וְרַחֵץ <i>Urchatz</i>	נ	E	50	<i>Yesod - Netzach</i>	Wash the hands	<i>Clear the grime</i>
					Cheshvan, Scorpio, intestines, smell, VHHY		
	Faithful Consciousness				שֵׁכֶל נְאֻמָּן	Gen 1:22 God blessed them, be fruitful and many and replenish	
	(<i>Yesod</i>) Renewing Consciousness				שֵׁכֶל הַמְּחַדָּשׁ	Gen 1:26 God <i>said</i> , we shall make earthling in our image	
<p>נ Nun: Bound or unfettered, humble or Divine – regular nun נ: containing vessel for the Divine; final nun ן: open, expansive Accept paths of necessity (with humility), but not drawn down by it Urchatz – 'cleansing' Hebrew; 'trusting' Aramaic let things pass like water through the hands</p> <p><i>God, please relieve me of my narrowness; help me do Your will according to my purpose and path. Let my desires and cravings flow through me and leave me cleansed, just as flowing water cleanses my hands.</i></p> <p>נ - Path 22, called Faithful Consciousness (<i>Sekhel Ne'eman</i>). It is called this because spiritual powers are increased through it, so that they can be close to all who “dwell in their shadow.”</p> <p><i>Yesod</i> - Path 26, called Renewing Consciousness (<i>Sekhel MeChudash</i>). It is called this because it is the means through which the Blessed Holy One brings about all new things which are brought into being in His creation.</p>							

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3	כַּרְפָּס <i>Karpas</i>	מֵם	M	40	<i>Netzach - Hod</i>	Eat a green vegetable	<i>Open senses to growing green</i>
					Water, Matter, Belly – hums; Absorption - Antithesis		
	Enduring Consciousness	שֵׁכֶל נִצְחִי			Gen 1:16 God <i>made</i> the two great luminaries / antitheses		
	(<i>Netzach</i>) Consciousness of the Mystery (of all Spiritual Activities)	שֵׁכֶל סוּד (הַפְּעוּלוֹת הָרוּחָנוֹת כָּלָם)			Gen 1:20 God <i>said</i> , the waters shall teem with living souls		
	(<i>Hod</i>) Sustaining Consciousness	שֵׁכֶל קַיָּים			Gen 1:24 God <i>said</i> , the earth shall bring forth living souls		
<p>מֵם Mem: Mother of mothers; Water (lowest mother letter); nurturing womb of life-source</p> <p>regular mem מֵם – open: microcosmic world of individuality; final mem מֵם – closed: macrocosmic World to Come</p> <p>Open to the flow of longing through us (belly); filled with abundant joy (L → R); sharing our gifts, self (R → L)</p> <p>Karpas – tears of change; know when to let go and when to withhold opening to transformation through a broken heart – giving rise to new life</p> <p><i>Immersing in salt-water tears we absorb our longings, and open the gateway of a blocked heart to new growth and tears of joy.</i></p> <p>מֵם - Path 16, called Enduring Consciousness (<i>Sekhel Nitzchi</i>). It is called this because it is the Delight (<i>Eden</i>) of the Glory. As it is, there is no Glory lower than it. It is called the Garden of Eden, which is prepared for the [reward of the] saints.</p> <p><i>Netzach</i> - Path 19, called Consciousness of the Mystery of all Spiritual Activities (<i>Sekhel Sod HaPaulot HaRuchniot Kulam</i>). It is called this because of the influx that permeates it from the highest blessing and the supreme Glory.</p> <p><i>Hod</i> - Path 23, called Sustaining Consciousness (<i>Sekhel Kayam</i>). It is called this because it is the sustaining power for all the Sefirot. [Sustaining for all those who hold it to clothe them from the Holy Spirit.]</p>							

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4	יָחַץ Yachatz	ל	E	30	Hod - Yesod	Break the middle <i>matzah</i>	<i>Separate dessert from need</i>
					Tishrei, Libra, gall-bladder, coition, VHYH		
	Consciousness of Will				שֵׁקֶל הָרָצוֹן	Gen 1:21 God created the great sea creatures	
	<p> ל Lamed: Tower flying through the air – learning/teaching; focusing infinite into intelligible through vessel of mind Yachatz – <i>Shevirat haKeilim</i> – shattering of the vessels break Chet into Hey, create opening to transform chameitz into matzah, or: break Hey of middle matzah into smaller Dalet and larger Vav (Hey composed of Vav inside Dalet) our Hey is broken & hidden in this world – the world of uneven halves; the exile of not knowing (daat) in Mitzraim act of breaking is Binah / Gevurah – discernment & discipline of breaking middle matzah (Binah) for understanding & rectification hiding fragmented aspects of ourselves until we can sweeten & integrate them (through chewing & eating) we need to recognize the “God-shaped hole” in ourselves; search for our lost selves Let us recognize our brokenness – how we hide the greater part of ourselves, even from ourselves – and seek the scattered fragments of our Self. </p> <p style="text-align: center;"> Path 20, called Consciousness of Will (<i>Sekhel HaRatzon</i>). It is called this because it is the structure of all that is formed. Through this state of consciousness one can know the essence of the Original Wisdom. </p>						

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5	מגיד * <i>Maggid</i>	ר	D	200	Yesod - <i>Tiferet</i>	Tell the <i>Pesach</i> story	<i>Tell a tale of spiritual development</i>
	* <i>l'sheim yichud - unification</i>				Friday, Jupiter, left nostril, peace, west		
	Experiential Consciousness				שָׁכַל נְסִיוֹנִי	Gen 1:25 God saw that it was good (land creatures)	
	(<i>Tiferet</i>) Stabilizing Consciousness				שָׁכַל מַעֲמִיד	Gen 1:14 God said, there shall be luminaries / antitheses	
<p>(<i>L'Sheim Yichud – unification</i>)</p> <p>ר Resh: Deepest humility – 'head', 'poverty'/'need', 'humility'; realization of Divinity resh as upside-down nun – empty self to be a vessel of Divine (esp. empty self of notion that 'I am a vessel of the Divine')</p> <p>Magid must let go of power/control to open to Divine miraculous – central lesson (story) of the Exodus bitachon (radical trust) – emunah (affirm-in-action-of-faith) <i>May we have the courage and faith to tell our stories, to testify the truth of our souls, to witness each other and be witnessed.</i></p> <p>healing daat: Zohar 2:25b – in Mitzraim the power of speech itself was in exile 1. realization of powerlessness (Plunder of Egypt) – need of Divine intervention; (process of leaving Mitzraim) 2. fix relationship of self:soul (Plunder of Red Sea) – need to re-member self; (process of stepping into the miracle) rectify exile from self (Eden); exile from family (Isaac); exile from strangers (Egypt)</p> <p>Pharaoh – Peh Rah: negative mouth; Pesach – Peh Sach: mouth that speaks (Divine truth)</p> <p>Ha lachma anya – bread of narrowness hungry eat together – of Divine word; <i>Pesach/sacrifice together – let go to receive divine gift, remember knowing (“hop over” into new consciousness)</i></p> <p>4 questions: <i>Koach Mah</i> = wisdom (<i>Chochmah</i>) / questions → amazement, not answers knowing intellectually as internalization of faith</p> <p>Avadim hayinu – we were slaves ... atah b'nei chorim – now we are free (when we remember knowing that we know)</p> <p>4 children – <i>And you shall tell your children on that day</i> (Torah 4x) – speak to our 4 faces, 4 worlds</p> <p>tell the story: speak out – in Mitzraim the power of speech itself was in exile (Zohar 2:25b)</p>							

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God brought us out with:

1. mighty hand – plagues (dismemberment)
2. outstretched arm – (cutting sword) distance to move forward
3. awesome greatness – revelation; Divine intimacy
4. signs – (staff) tangible, visible awareness of God
5. wonders – awareness of new path

plagues reveal

fantasy of omnipotence (blood, frogs)

denial (lice, swarms)

defiance (pestilence, boils)

ambivalence (hail, locusts)

capitulation (darkness, death of 1st born)

Dayenu/enough for us – gratitude in Now of journey that spans beyond one lifetime

we were/are/will-be present

We are doing this because of what God did for me when I came out of Mitzraim (Ex 13:8)

2nd cup – י – Beriyah / Creation – speak the story

To receive the gift of Shechinah, we must internalize the lesson of Maggid.

We were created to be known; to be known totally, intimately, and still be accepted.

⌋ - Path 25, called Experiential Consciousness (*Sekhel Nisyonit*).

It is called this because it is the original temptation through which God tests all of *Hu's* sages.

Tiferet - Path 15, called Stabilizing Consciousness (*Sekhel Ma'amid*).

It is called this because it stabilizes the essence of creation in the “Glooms of Purity.”

The masters of theory said that this is the Gloom [at Sinai]. This is the meaning of, “Gloom is its cocoon” (Job 35:9).

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גְּלוּי שְׁכִינָה Giluy Shechinah - divine revelation – (emotional)

6	רַחֲצָה <i>Rachtzah</i> *	ו	E	60	<i>Tiferet - Hod</i>	Wash the hands	<i>Raise up the energy in your hands</i>
	* <i>l'sheim yichud - unification</i>				Kislev, Sagittarius, pancreas, sleep, VYHH		
	Palpable Consciousness				שֵׁקֶל מוֹרְגָשׁ	Gen 1:27 God created earth-being in <i>Hu's</i> image	

(L'Sheim Yichud – unification)

ו Samech: Miraculous in everyday life

'support', 'closeness' – circle of past and future meeting in present; 60 = self within Divine (1/60) – full circle of self within All

Washing - balance of glory & beauty = heart → kidney (left kidney – Moses)
 cleansing oneself to receive for community

We wash our hands in readiness to prepare for the revelation of the Divine Presence.

Path 27, called Palpable Consciousness (*Sekhel Murgash*). It is called this because the consciousness of all things created under the entire upper sphere, as well as all their sensations, were created through it.

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7	מוציא Motzi *	כך	D	20	Chesed - Netzach	Say the <i>Ha-Motzi</i>	Call forth what nourishes you
	* <i>l'sheim yichud - unification</i>				Wednesday, Venus, left eye, life, up		
	Consciousness of the House of Influx	שְׁכֵל בֵּית הַשְּׁפָע			Gen 1:18 God saw that it was good		
		פך	D	80	Gevurah - Hod		
					Thursday, Mercury, left ear, dominance, down		
	Desired and Sought Consciousness	שְׁכֵל הַחֶפֶץ [ו] הַמְּבוּקָשׁ			Gen 1:21 God saw that it was good (sea/air creatures)		
<p>(<i>L'Sheim Yichud – unification</i>)</p> <p>כך Chaf & פך Peh: Explosion of Life lifting staff of life in palms (Chaf – with discernment & beauty) up to mouth (Peh – with love & endurance)</p> <p><i>To receive the gift of Shechinah, we must internalize the lessons of Motzi. What I hold in my hands are words from the mouth of the Living God.</i></p> <p>כך - Path 18, Consciousness of the House of Influx (<i>Sekhel Bet HaShefa</i>). By probing with it, a secret mystery (<i>raz</i>) and an allusion are transmitted to those who “dwell in its shadow” and bind themselves to probing its substance from the Cause of Causes.</p> <p>פך - Path 21, called Desired and Sought Consciousness (<i>Sekhel HaChafutz VeHaMevukash</i>). It is called this because it receives the divine Influx so as to bestow its blessing to all things that exist.</p>							

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8	מַצָּה <i>Matzah</i>	א	M	1	Chesed - Gevurah	Say the blessing for <i>matzah</i>	<i>Increase faith/prepare to heal</i>
					Air, Space, Chest – breath, Transmission - Synthesis		
	Complete Consciousness				שְׁכֵל שָׁלֵם	Gen 1:7 God <i>made</i> the expanse	
	(<i>Chesed</i>) Scintillating Consciousness				שְׁכֵל מְתַנַּצֵּץ	Gen 1:9 God <i>said</i> , the waters ... shall be gathered (hope)	
	(<i>Gevurah</i>) Unity Directing Consciousness				שְׁכֵל מְנַהִיג הָאֲחֻדוּת	Gen 1:11 God <i>said</i> , the earth shall sprout-forth growth	
<p>א Alef: Balancing act; Air (middle mother letter) air dividing fire and water (alef as vav separating two yods) – balance hear awareness beyond thoughts and emotions</p> <p>Matzah – time & awareness focuses fire & water → matzah instead of chameitz time & kavannah with water (saliva) bring matzah to sweetness (faith) Zohar 2:41a, 2:25b, 2:183b: matzah: bread of faith, bread of healing, Supernal bread</p> <p>חֶמֶץ Chameitz – chet closed: entraps & ferments, no opening for flow</p> <p>מַצָּה Matzah – hey open: simple essentials, humility, receiving Divine light/flow</p> <p>מִצְוָה Mitzvah – insertion of vav (of Tiferet/haShamayim – balance, harmony, heaven) into matzah brings focus of Chesed – Yesod acting from foundation of simple essentials; inserts rectification in deficiency of Shechinah in exile</p> <p>צֶמַח Tzemach – “chameitz” reversed → 'sprouting', 'growth', life</p> <p><i>This broken matzah is still connected to the perfection and the divine and wholeness.</i></p> <p style="text-align: right;">א - Path 8, called Complete Consciousness (<i>Sekhel Shalem</i>). It is called this because it is the Original Arrangement. There is no root through which it can be pondered, except through the chambers of Greatness, which emanate from the essence of its permanence.</p> <p style="text-align: right;">Chesed - Path 10, called Scintillating Consciousness (<i>Sekhel MitNotzetz</i>). It is called this because it elevates itself and sits on the throne of Understanding. It shines with the radiance of all the luminaries, and it bestows an influx of increase to the Prince of the Face.</p> <p style="text-align: right;">Gevurah - Path 13, called Unity Directing Consciousness (<i>Sekhel Manhig HaAchdut</i>). It is called this because it is the essence of the Glory. It represents the completion of the true essence of the unified spiritual beings.</p>							

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9	מָרוֹר <i>Maror</i> *	י	E 10	<i>Tiferet - Netzach</i>	Eat the bitter herb	<i>Allow the bitter to move you</i>
* <i>L'sheim yichud - unification</i>		Elul, Virgo, left hand, action, HHVY				
Consciousness of the Senses			שֵׁכֶל הַהֶרְגֵשׁ		Gen 1:17 God gave/set them in the expanse of the heavens	
<p><i>(L'Sheim Yichud – unification)</i></p> <p>י Yod: Infinite smallness 'hand'; yod has center-point, comma arc below, crown above – contains elements of entire alphabet Divine seed (hand of God) within everything in creation; awareness of Divinity within oneself & all</p> <p>Maror: only bitter commandment netzach – patience/perseverance turns it sweet; in time bitter experience can lead to its necessary result faith in the hand of God</p> <p><i>Sacred-Is taught Drawn-out-from-waters (Moses) a tree and it threw to the waters and the waters became sweet. (Ex 15:25)</i></p> <p><i>Learn from the Tree and receive the contribution of bitterness in the growth of awareness.</i></p> <p style="text-align: right;">Path 17, called Consciousness of the Senses (<i>Sekhel HaHergesh</i>). This is prepared for the faithful saints so that they should be able to clothe themselves in the spirit of holiness. In the arrangement of the supernal Entities, it is called the Foundation of Beauty (<i>Yesod HaTiferet</i>).</p>						

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10	כֹּרֵךְ <i>Korech</i>	ח	E	8	<i>Tiferet - Chesed</i>	Eat bitter herb with matzah	<i>See the sandwich of both sides</i>
					Tammuz, Cancer, right hand, sight, HVHY		
	Pure Consciousness				שִׁכְלַ טְהוֹרָה	Gen 1:8 God called the expanse Heavens-Sky	
	<p>ח Chet: Gateway to ascend cheit/chesed - sin (cheit – 'falling short') and broken heart as rungs on ladder that leads to chesed – lovingkindness Korech – eat matzah & maror integrating tastes / commandments (not in mixture, but all present in one, each as it is) in exile, inability to hold awareness of common root (lost in schisms/differences) but teshuvah is always possible (even when Temple/lamb are past) Hillel – sandwich “in memory of Temple” even when it stood</p> <p>(wrap matzah inside romaine leaf) <i>Wrap matzah in maror (chazeret) of your broken heart and fold it into your compassion and connect inside to the tiny yod, the hand of God whose spark lights the whole world</i></p> <p>May I be wrapped in compassion and may I wrap all things in my compassion.</p> <p style="text-align: right;">Path 9, called Pure Consciousness (<i>Sekhel Tahor</i>). It is called this because it purifies the Sefirot. It tests the decree of their structure and the inner essence of their unity, making it glow. They are then unified without any cutoff or separation.</p>						
11	שְׁלַחַן עֹרֵךְ	צ	E	90	<i>Tiferet - Gevurah</i>	Serve the festive meal	<i>Feast and enjoy</i>
	Shulchan Orech				Shevat, Aquarius, stomach, taste, HYVH		
	Embodied Consciousness				שִׁכְלַ מוּגְשָׁם	Gen 1:28 God blessed them	
	<p>צ Tzaddi: Vessel of creation, Carrying another – tzaddik regular tzaddi צ as nun and yod (closed - for stability); final – ץ open, expansive</p> <p>Shulchan Orech receive Divine sustenance – eating and feeding one another revelation of truly seeing and being seen</p> <p>May I be open with gratitude and joy to appreciate the company, sustenance and love of my family, friends and all being.</p> <p style="text-align: right;">Path 29, called Embodied Consciousness (<i>Sekhel Mugsham</i>). It is called this because it depicts the growth of everything that becomes physical under the system of all the spheres.</p>						

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12	צִפּוּן * Tzafun *	ד	D	4	Tiferet - Keter	Eat the Afikoman	Nourish the self with mystery
	* l'sheim yichud - unification		Tuesday, Sun, right nostril, seed, east				
	Illuminating Consciousness	שֵׁקֶל מְאִיר			Gen 1:12 God saw that it was good (earth brought-forth sprouting-growth)		
	(Keter) Mystical Consciousness	שֵׁקֶל מוּפְלָא			Gen 1:1 In beginning God created (said)		
<p>(L'Sheim Yichud – unification)</p> <p>ד Dalet: Elevation of humility – poverty/need, humility and elevation, door; humble but undefeated – Divine as I am</p> <p>Tzafon – hidden</p> <p>middle matzah (Levi) broken; Binah (1st Hey of YHVH – ד Hey broken into big vav and little dalet)</p> <p>eating afikomen – bringing tiferet and keter together, desire of heart & Divine heart (will)</p> <p>restoring hey – exaltation of faith</p> <p><i>To receive the gift of Shechinah, we must internalize the lesson of Tzafun.</i></p> <p>May I integrate all those parts of myself that were hidden or lost or broken, into a whole vessel for the Divine Revelation.</p> <p style="text-align: right;">ד - Path 14, called Illuminating Consciousness (<i>Sekhel Meir</i>).</p> <p style="text-align: right;">It is called this because it is the essence of the Speaking Silence (<i>Chashmal</i>). <i>It gives instruction regarding the mysteries of the holy secrets and their structure.</i></p> <p style="text-align: right;">Keter - Path 1, called Mystical Consciousness (<i>Sekhel Mufla</i>).</p> <p style="text-align: right;">This is the Light that was originally conceived, and it is the First Glory. No creature can attain its excellence.</p>							

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מוֹחִין דְּגַדְלוּת *Mochin d'Gadlut - big mind – (spiritual)*

13	בָּרַךְ <i>Barech</i> *	ש	M	300	<i>Chochmah - Binah</i>	Say the grace after meals	<i>Bless all nourishings in your life</i>
	* <i>l'sheim yichud - unification</i>				Fire, Energy, Head – hisses, Radiation - Thesis		
	Imaginative Consciousness				שְׂכֵל דְּמִיּוּנֵי	Gen 1:25 God <i>made</i> the wild-life of the Earth	
	(<i>Chochmah</i>) Sanctified Consciousness				שְׂכֵל מְקוּדָשׁ	Gen 1:3 God <i>said</i> , there shall be light	
	(<i>Binah</i>) Hidden Consciousness				שְׂכֵל נִסְתָּר	Gen 1:6 God <i>said</i> , there shall be an expanse	

(*L'Sheim Yichud – unification*)

ש Shin – Black fire on white fire; Heaven (shemayim; uppermost mother letter) – change, year; fire learning light (wisdom) from dark (letters); give voice to wisdom (left & right brain)

Barech (4 blessings of Birkat Hamazon as YHVH)

1st 2 blessings – chochmah (sustenance, satisfaction, abundance) – Moses, and binah (land, earth, food) – Joshua allow flow of blessings into and through this world

May I experience the feeling of fullness, of satiety, and not fear deprivation.

3rd cup – ך – Yetzirah / Formation – emotional celebration

*To receive the gift of Shechinah we must first internalize the lesson of the meal we have eaten –
 We receive the Divine bounty from all beings throughout creation.*

ש - Path 24, called Imaginative Consciousness (*Sekhel Dimyoni*).

It is called this because it provides an appearance for all created apparitions, in a form fitting their stature.

Chochmah - Path 3, called Sanctified Consciousness (*Sekhel MeKudash*).

This is the foundation of the Original Wisdom, and it is called “Faithful Faith.”

Its roots are AMeN. It is the father of faith, and from its power faith emerges.

Binah - Path 7, called Hidden Consciousness (*Sekhel Nistar*).

It is called this because it is the radiance that illuminates the transcendental powers that are seen with the mind's eye and with the reverie of Faith.

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14	הלל Hallel *	ה	E	5	Keter - Chochmah	Recite the Hallel	Sing sacred celebration
	*l'sheim yichud - unification				Nissan, Aries, right leg/foot, speech, YHVH		
	Radiant Consciousness				שֵׁכֶל מְזַהֵר	Gen 1:2 The wind/spirit/breath of God was hovering	
		ו	E	6	Keter - Binah		
					Iyar, Taurus, right kidney, thought, YHHV		
	Rooted Consciousness				שֵׁכֶל נִשְׂרָשׁ	Gen 1:4 God separated between the light and darkness	
<p>(L'Sheim Yichud – unification)</p> <p>ה Hey and ו Vav: Divine breath And hey: opening, opportunity, beginning; soul-breath issued by God vav: hook, connection (spinal/energy channel); be aware here and now (know what time it is) daat – knowledge: דע עת “know now”</p> <p>God renews every day, continually, the work of Creation.</p> <p>May I walk the path of life as sacred being, open to possibilities even when they don't seem possible, and be present here and now.</p> <p>4th cup – second ה – Assiyah / Doing – what action have you taken / will you take Cup of Elijah – unconditional love & ultimate redemption</p> <p><i>To receive the gift of Shechinah we must first internalize the lesson of the Hallel. We are God's unconditional love, God's breath, God's presence in creation.</i></p> <p style="text-align: right;">ה - Path 2, called Radiant Consciousness (<i>Sekhel Maz'hir</i>). This is the Crown of creation and radiance of the homogenous unity that “exalts itself above all as the Head.” The masters of Kabbalah call it the Second Glory.</p> <p style="text-align: right;">ו - Path 5, called Rooted Consciousness (<i>Sekhel Nishrash</i>). It is called this because it is the essence of the homogeneous Unity. It is unified in the essence of Understanding, which emanates from the domain of the Original Wisdom.</p>							

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15	נִרְצָה <i>Nirtzah</i>	ב	D	2	<i>Chochmah - Chesed</i>	Conclude the seder	<i>Yearning with hope toward the future</i>
					Sunday, Saturn, right eye, wisdom, south		
	Settled Consciousness				שֵׁקֶל קָבוֹעַ	Gen 1:4 God saw the light, that it was good	
	Bet: Something for nothing – 'inside', 'house', 'in the...' - bridge of wisdom & love; receive from nothing and give without expectation						
		ט	E	9	<i>Chochmah - Tiferet</i>		
					Av, Leo, left kidney, hearing, HVYH		
	Glaring Consciousness				שֵׁקֶל מְצוּחָצָה	Gen 1:10 God called the dry land Earth	
	Tet: Nurturing the goodness – first used: tov; something essential held in heart – Divine seed of potential within – wisdom & glory nurture goodness within, between heart and mind						
		ז	E	7	<i>Chochmah - Gevurah</i>		
					Sivan, Gemini, left leg/foot, motion, YVHH		
	Transcendental Influx Consciousness				שֵׁקֶל שֹׁפַע נִבְדָּל	Gen 1:5 God called the light Day	
	Zayin: Inside the inside – 7 – culmination, center balancing wisdom and discernment – allowing energy to store & build within (womb) until its time to emerge						
		ג	D	3	<i>Binah - Gevurah</i>		
					Monday, Mars, right ear, wealth, north		
	Glowing Consciousness				שֵׁקֶל בְּהִיר	Gen 1:10 God saw that it was good (Earth/Sea)	
	Gimel: Something from something 'giving', 'camel' – gimel as vav with foot; support (for the needy); awareness of counterpoise of understanding and discernment						
		ג	E	70	<i>Binah - Tiferet</i>		
					Tevet, Capricorn, liver, anger, HYHV		
	Natural Consciousness				שֵׁקֶל מוֹטָבֵעַ	Gen 1:27 In the image of God <i>Hu</i> created them	
	Ayin: I of the beholder – 'eye', 'fountain'; understanding and glory combine in healing body, mind & soul – through teshuvah						
		ק	E	100	<i>Binah - Chesed</i>		
					Adar, Pisces, spleen, laughter, HHYV		
	General Consciousness				שֵׁקֶל כְּלָלִי	Gen 1:28 And to them God said, be fruitful and many... govern	
	Kof: Penetrating to below only regular letter to descend; kof composed of zayin & resh – bidirectional path between heavenly wonder and embodiment						

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Nirtzah

Divine revelation of ultimate tikkun of knowing beyond knowing
gates of Divine radiance and abundance are open
ending in beginning; higher truth & realization becomes foundation for ascending spiral - The World that is Coming

Everything is foreseen yet free-will is given. (Pirke Avot 3:15) הַכֹּל צָפוּי, וְהָרְשׁוּת נְתוּנָה,

May we awaken to the wisdom that we know beyond knowing.

ב - Path 4, called Settled Consciousness (*Sekhel Kavua*).

It is called this because all the spiritual powers emanate from it as the [most] ethereal of emanations.
One emanates from the other through the power of the original Emanator, may He be blessed.

ט - Path 11, called Glaring Consciousness (*Sekhel MeTzuchtzach*).

It is called this because it is the essence of the Veil which is ordered in the arrangement of the system.
It indicates the relationship of the Paths (*netivot*) whereby one can stand before the Cause of Causes.

ו - Path 6, called Transcendental Influx Consciousness (*Sekhel [Shefa] Nivdal*).

It is called this because through it the influx of Emanation (*Atzilut*) increases itself.
It bestows this influx on all blessings, which unify themselves in its essence.

ג - Path 12, called Glowing Consciousness (*Sekhel Bahir*).

It is called this because it is the essence of the Ophan-wheel of Greatness.
It is called the Visualizer (*Chazchazit*), the place which gives rise to the vision that the Seers perceive in an apparition.

ע - Path 28, called Natural Consciousness (*Sekhel Mutba*).

It is called this because the nature of all that exist under the sphere of the sun was completed through it.

ק - Path 30, called General Consciousness (*Sekhel Kelali*).

It is called this because it is the means through which the “generalizers of the heavens”
collect their rules regarding the stars and constellations,
forming the theory that comprises their knowledge of the Ophan-wheels of the spheres.

(3x) לְשָׁנָה הַבָּאָה בִּירוּשָׁלַיִם!

To the year that is coming, in Jerusalem – in the Teaching of Wholeness of Duality (Yirah-shalom-ayim)

Heart-Fire Healing

Spiritual Guidance & Shema-nik Healing
Repair of the Soul תיקון הנפש
Listening for the Sacred שומע ברוח

Reb Rachmiel Langer רחמיאל
(978) 952-6034 • PO Box 74, Littleton, MA 01460
rachmiel@heartfirehealing.com • www.heartfirehealing.com

L'sheim yichud – Unification prayer

combining YH & VH in unification:

netzach / hod / yesod with malchut

or chochmah / binah / tiferet with malchut

לְשֵׁם יְחִוּד קוּדְשָׁא בְּרִיךְ הוּא וְשְׂכִינְתֵיהּ,
עַל יְדֵי הַהוּא בְּדַחֲלוֹ וּרְחִימוּ
לְיַחַד שֵׁם יו"ד ה"א בְּוַא"ו ה"א
בְּיַחְוּדָא שְׁלִים בְּשֵׁם כָּל יִשְׂרָאֵל.

*L'sheim yi-chud kud'sha b'rich hu u-sh'chin'tei,
al y'dei ha-hu bid'chi-lu ur'chi-mu
l'ya-cheid sheim yud hay b'vav hay
b'yichu-da sh'lim b'sheim kol yis'ra-eil.*

For the sake of the unification of the Holy One,
a blessing is *Yah* and *Shekhinah*,
with this act, done in reverence and love
to unify the Name *yud-hei* with *vav-hei*
in perfect unity, in the name of all God-wrestlers.

*We do this work for the realization of wholeness,
embracing the transcendent Divine and the imminent Sacred
until our hearts open wide enough to encompass all;
the meeting place where the Holy within and the Holy above are One
and we all share the name of One being together.*

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Charoset – recipe of savored mature adult life

Charoset – apples, nuts, wine, spices, sweetness

Song of Songs

Your love is *sweeter* (better) than wine (1:2)

Like the *apple* tree among the trees of the wood, so is my beloved (among young men) (2:3)

How beautiful is your love, my companion, my beloved. How much better is your love than *wine*!

And the aroma of your anointing oils than all *spices*. (4:10)

Your lips, my beloved, drip honey; Honey and milk are under your tongue;

[Land of milk & honey]

and your robes hold the fragrance of Lebanon's mountain breeze ... (4:11)

... spikenard [aromatic ointments] and saffron, cane and cinnamon ... all the finest *spices*. (4:14)

A garden fountain, you are a wellspring of living waters, a river that flows from the mountains (4:15)

Awaken O mystery and blow upon my garden; let its *spices* flow forth (4:16)

I went down into the garden of *nuts* to see the sprouting (green) shoots of the valley. (6:11)

The scent (ריח) of your breath is like *apples* (7:9)

Beneath the *apple* tree I awakened (עוררתיה) roused [skin] you, where your mother conceived and gave you life. (8:5)

[women reestablishing intimacy after Pharaoh's edict against male infants]